

# Deciding Right

Case study Tim

# Tim's case study

Tim is a 43 year old man. He has been married to Kirsty for 14 years. Tim was diagnosed with Aggressive Motor Neurone disease 6 months ago; initially. He was told at diagnosis he would have a prognosis of 6-12 months. He has 2 children aged 12 and 10 years.

TIM's physical health and functioning has been deteriorating rapidly over the last month and he is requiring more support from his wife. He needs help with personal care. He is mobile, this is limited and is further compromised when he is tired. He can feed himself but his motor ability is deteriorating and he gets frustrated when he drops or spills food / drink.

He has been referred to your service in view of his visible deterioration. He recognises he has reached the first anticipated milestone of his predicted prognosis and is concerned the impact of his deterioration is having on the family.

**As a group attempt to complete any Deciding Right outcomes you feel could be helpful and appropriate to support Tim to express his wishes in relation to her care and future plans.**

**Everyone has a responsibility to share the work and to practice writing Deciding Right outcomes.**

**Also consider:**

- **Who would / may need to be included in the discussions**
- **Who would need to have access to this information**
- **How would you ensure this information is shared with those individuals**

# Tim's case study, part 2

## **3 months later**

Tim becomes is admitted to a local hospice for respite where he becomes breathless. He is treat with oral antibiotics for a chest sepsis but is not responding. He is able to communicate using some speech which is support by communication aids. He asks to go to hospital. Tim is assessed in hospital and commenced IV antibiotics to which he has some response. He is transferred back to the hospice prior to being discharged home. He has not recovered to the level he was prior to the sepsis.

He recognises his deterioration and has decided he would not want to go back to hospital. He did not like being away from his family and hospital caused distress for his daughters.

At his next review with you he asks you to help him. He needs plan to support him and his family to make the right decisions to ensure that this doesn't happen again.

**Complete Deciding Right outcomes as if you were supporting Tim and Kirsty within your current role.**

**As a group attempt to complete and Deciding Right outcomes you feel could be useful and appropriate to support Joe to express his wishes in relation to his care and future plans**

**Also consider:**

- **Who would / may need to be included in the discussions**
- **Who would need to have access to this information**
- **How would you ensure this information is shared with those individuals**