

Name of the project	Be Cancer Aware – time to all talk about cancer
Aim of the project	To co-design a cancer education package that can be delivered by people with a learning disability to their peers. Raising awareness of risk factors, cancer pathways, screening and early diagnosis.
Who was involved	<p>The Be Cancer Aware package was co-designed with:</p> <ul style="list-style-type: none"> • Skills for people • Sunderland People First • Gateshead People First • Cumbria People • Cancer Research UK • Health Watch • Macmillan
Project approach	<p>Established links with learning disability organisations were used to offer the opportunity for people to join the development team. Participants were asked to do some pre work consulting others on what they would want including in a cancer course.</p> <p>A two day development workshop was held to develop the course. The purpose of the workshop was to develop training activities and to think about how to evaluate training sessions. Experts by experience were offered payment for taking part in the work and support with transport.</p> <p>Bringing together individuals from a variety of organisations created a very positive atmosphere. Training for the delivery team is to be provided for individuals who are peer educators from a number of organisations. The peer educators will go out into the community and deliver the Be Cancer Aware training.</p>
The impact of involving people in this project	The project was a co-design piece of work, aiming to engage people with a learning disability in design, delivery and evaluation. The project would not have happened without the engagement of the external groups. Each section of the work was developed in partnership between professionals and people with a learning disability, with the overall co-ordinator pulling together the ideas into a cohesive package.

The Be Cancer Aware training will continue to evolve through the delivery, evaluation and regular sharing of experience from the delivery team.

For more information

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